



World Karate Federation

Kata Competition

Examination Paper for Kata Judges

This question paper together with the answer paper is to be returned to the examiners. *Please do not write or make any mark on the question paper.* All answers are to be entered on the separate answer paper only. You must make sure that your name and number and any other information required are entered on *each sheet* of the answer paper.

You may not have any additional papers or books on your desk while undertaking this examination. During the examination to be seen speaking to another candidate or copying another's paper will mean suspension and automatic failure of the examination. If you are not sure of the correct procedures or have any questions about any aspect of the examination you should speak only to an examiner.

The result of the examination both theory and practical will be sent to the candidate's National Federation.

March 2009

Section 1. “TRUE OR FALSE”

On the answer paper put an “X” in the appropriate box. The answer to a question is true only if it can be held to be true in all situations; otherwise it is considered to be false. Each correct answer scores one point.

1. In kata competition the sleeves of the karate-gi jacket may not be rolled up.
2. The karate-gi trousers may be slightly shorter so as to only cover half of the shin.
3. In Shitei Kata only slight variation of the kata is permitted.
4. In Tokui kata variations as taught by the contestant's school are permitted.
5. It is not allowed to repeat Tokui kata, only repetition of Shitei kata is allowed.
6. In the third round a competitor who varies the kata will be disqualified.
7. On completion of the kata Aka will leave the area to await the performance of Ao.
8. If the kata does not conform to the rules or there is some other irregularity the Chief Judge may call the other Judges in order to reach a verdict.
9. If a contestant is disqualified the Chief Judge will cross and uncross the flags as in the kumite Torimasen signal.
10. At Hantei the competitor who receives the majority of votes will be declared the winner by the caller/announcer.
11. After Hantei when the Judges have lowered their flags the Chief Judge will indicate the winner by raising the appropriate coloured flag.
12. At Hantei if one Judge signals for Aka, one for Ao and the other for Hikiwake a tie breaker kata will be used.
13. The kata performance must display concentration, power and potential impact in its techniques.
14. Judges should look for correct Kihon of the style being demonstrated.
15. The starting point for kata will marked with a small cross within the perimeter of the competition area.
16. Competitors must start and finish the kata at this point.
17. The Chief Judge will start the competitor's performance with a short blast on his whistle.
18. Competitors from countries which are well known for producing medal winners should be given special consideration.

19. The starting point for kata performance is two metres inside the match area and facing the Chief Judge.
20. Giving a command to start and finish the kata by a team member is not considered to be an external cue.
21. In Shitei kata slight variations according to the contestant's school are permitted.
22. In Shitei kata a contestant who repeats a kata will not be disqualified.
23. A contestant who comes to a halt during performance of the kata will be disqualified.
24. In repechage only Tokui kata is permitted.
25. Once performed a kata may not be repeated.
26. It is the responsibility of the coach or competitor to ensure that the kata is appropriate for that particular round.
27. The score table will notify the competitor if the kata is not acceptable for that particular round.
28. If a competitor fails to turn up (Kiken) the decision will be awarded automatically to the opponent.
29. A competitor whose opponent does not turn and is given Kiken may not use that kata (which has been notified to the score table) in the next round.
30. The time allowed for the Team Bunkai in the Finals is five minutes.
31. The score table personnel includes timekeepers, scorekeepers and caller/announcers.
32. The kata competition area is defined as being twelve metres by twelve metres.
33. If there are only sixteen competitors no Shitei kata is required.
34. The Judges of a kata match may not have the same nationality as either of the contestants.
35. Although ribbons and other decorations for the hair are not allowed in kumite they are permissible in kata.
36. A team which does not perform the bow at the completion of the KATA and before the performance of the Bunkai will be disqualified.
37. In the bouts for medals, semi Finals and Finals of Team Kata competition teams will perform a demonstration of the meaning of the Kata (Bunkai).
38. The panel of three or five Judges for each match will be designated by the Referee Commission or Match Area Controller.
39. After giving sufficient time for the votes to be counted (approximately 2-5 seconds) the flags will be lowered after a further short blast on the whistle.

40. Female competitors must wear a plain white T-shirt beneath the Karate jacket.
41. The trousers must be long enough to cover at least half of the shin and must not reach below the anklebone.
42. The wearing of unauthorised apparel, clothing or equipment is forbidden.
43. A discreet rubber band or pony tail retainer is permitted in Kata competition.
44. In the bouts for medals of team Kata competition, the Teams will perform a demonstration of the meaning of the Kata (BUNKAI)

Section 2. “MULTIPLE CHOICE & WRITTEN ANSWERS”

On the multiple choice *answer paper* write the letter of the answer you consider being correct. Each correct answer scores one point. Some questions require a written response.

1. In assessing the performance of a contestant or team the Judges will look for a ____ demonstration of the kata meaning.
a) realistic b) rapid c) excellent d) practical
2. In assessing the performance of a contestant or team the Judges will look for understanding of the ____ being used (Bunkai).
a) explanation b) kihon c) techniques d) principles
3. In assessing the performance of a contestant or team the Judges will look for good timing, rhythm, ____, balance and focus of power (Kime).
a) hara b) speed c) stances d) kihon
4. In assessing the performance of a contestant or team the Judges will look for ____ and concentration.
a) kime b) realism c) proper breathing d) correct focus of attention (chakugan)
5. In assessing the performance of a contestant or team the Judges will look for correct stances (Dachi) with proper tension in the legs, and feet ____ on the floor.
a) still b) smoothly c) gripping d) flat
6. In assessing the performance of a contestant or team the Judges will look for proper ____ in the abdomen (Hara).
a) muscles b) relaxation c) tension d) posture
7. In assessing the performance of a contestant or team the Judges will look for correct form (Kihon) of the ____ being demonstrated.
a) style b) kata c) karate-do d) National Federation
8. The performance should also be evaluated with a view to discerning ____ points.
a) focus b) impact c) subtle d) other

9. In team kata ____ without external cues is an added factor.
 a) finishing b) synchronisation c) starting d) choice of kata
10. Kata is not a dance or ____ performance.
 a) fighting b) solo c) team d) theatrical
11. In team kata all three members must start the kata ____ and towards the Chief Judge.
 a) all together b) with competence c) at the same time d) facing in the same direction
12. The members of the team must demonstrate ____ in all aspects of the kata performance.
 a) synchronisation b) solidity c) competence d) understanding
13. Stamping the feet, slapping the chest, arms, or karate-gi and inappropriate exhalation are all examples of ____
 a) power b) external cues c) good timing d) poor understanding
14. Bunkai means the explanation of the kata's ____
 a) rhythm b) principles c) meaning d) history
15. In the first two rounds the competitor may choose ____
 a) To repeat the kata b) Only Tokui kata c) Only Shitei kata
 d) Depends on the number of competitors participating
16. In the Kata Team finals the teams will demonstrate the Kata Bunkai. They are allowed ____
 a) To demonstrate any kata from the previous rounds b) To use additional members from their delegation
 c) Three minutes for the demonstration d) Five minutes for the demonstration
17. Which of the following kata are not on the WKF Major Kata List? ____
 a) Tekki Sandan b) Chatanyara Rohai c) Seiyunchin d) Wanshu
18. Name the two Shitei Kata for Goju Ryu: _____
19. Name the two Shitei Kata for Shotokan: _____
20. Name the two Shitei Kata for Shito Ryu: _____
21. Name the two Shitei Kata for Wado Ryu: _____
22. What are the Criteria for Decision? (One point for each correct answer)
 a) _____
 b) _____
 c) _____
 d) _____
 e) _____
 f) _____
 g) _____
 h) _____
 i) _____
 j) _____

23. In the explanatory table how many Shitei kata are required if there are 64 competitors?
24. In the explanatory table how many Tokui kata are required if there are 64 competitors?
25. In the explanatory table how many Shitei kata are required if there are 32 competitors?
26. In the explanatory table how many Tokui kata are required if there are 32 competitors?
27. How many kata in total are shown on the WKF Major Kata List for Goju-Ryu?
28. How many kata in total are shown on the WKF Major Kata List for Wado-Ryu?
29. How many kata in total are shown on the WKF Major Kata List for Shotokan?
30. How many kata in total are shown on the WKF Major Kata List for Shito-Ryu?